





















The schedule presented in this calendar sometimes changes due to factors beyond our control. It is always best to call us at 718-348-7620 to confirm date and time of activities.

APRIL 2022

CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 	 <p>Stay Active & Independent for Life (SAIL)</p>			<p>1 Tai-Chi class 9:30-10:30am Pottery Class 11am-1pm TECHNOLOGY CLASS  Bingo 2pm-3:30pm</p>
<p>4 TECHNOLOGY CLASS  Elder Abuse Awareness Workshop 11am -12pm</p>	<p>5 S.A.I.L Fitness Class 9:30am-10:30am</p>	<p>6 S.A.I.L Fitness Class 1PM-2PM TECHNOLOGY CLASS </p>	<p>7 Arts/Crafts/Gardening 11:15am-12:30pm Tai-Chi class 1PM-2PM Intergenerational Art Class 4:15PM-5:00PM</p>	<p>8 Tai-Chi class 9:30-10:30am MAKE-UP CLASS Fitness Class 11:00am-12:00pm TECHNOLOGY CLASS  Bingo 2pm-3:30pm</p>
<p>11 TECHNOLOGY CLASS  Big Apple Walk-A-Thon Registration 10am – 11am Intergenerational Art Class 3:00-3:45</p>	<p>12 S.A.I.L Fitness Class 9:30am-10:30am Painting Class 11am-1pm</p>	<p>13 S.A.I.L Fitness Class 11:30AM-12:30PM TECHNOLOGY CLASS </p>	<p>14 Tai-Chi class 1PM-2PM Steelpan Music Lesson 11:30pm-1:30pm Intergenerational Art Class 4:15PM-5:00PM</p>	<p>15 Tai-Chi class 9:30-10:30am Pottery Class 11am-1pm TECHNOLOGY CLASS  Bingo 2pm-3:30pm</p>
<p>18 TECHNOLOGY CLASS  Big Apple Walk-A-Thon 10am – 11am</p>	<p>19 S.A.I.L Fitness Class 9:30am-10:30am Painting Class 11am-1pm</p>	<p>20 S.A.I.L Fitness Class 11:30AM-12:30PM TECHNOLOGY CLASS </p>	<p>21 Steelpan Music Lesson 10:30am-12:30pm Tai-Chi class 1PM-2PM</p>	<p>22 Tai-Chi class 9:30-10:30am Pottery Class 11am-1pm TECHNOLOGY CLASS  Bingo 2pm-3:30pm</p>
<p>25 TECHNOLOGY CLASS  Big Apple Walk-A-Thon 10am – 11am Intergenerational Art Class 3pm-3:45pm</p>	<p>26 S.A.I.L Fitness Class 9:30am-10:30am Painting Class 11am-1pm</p>	<p>27 S.A.I.L Fitness Class 11:30AM-12:30PM TECHNOLOGY CLASS </p>	<p>28 Steelpan Music Lesson 10:30am-12:30pm Tai-Chi class 1PM-2PM Intergenerational Art Class 4:15PM-5:00PM</p>	<p>29 Tai-Chi class 9:30-10:30am Pottery Class 11am-1pm TECHNOLOGY CLASS  Bingo 2pm-3:30pm</p>

