



February 2022

CALENDAR OF EVENTS

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY




1 Wellness Calls 9-5PM

High Blood Pressure 101: The Basics 10AM-11AM




2 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Health Screenings 9:30am – 2:30pm



3 Wellness Calls 9-5PM


Health screening 9:30am -12:30pm

Arts/Crafts 11:15am-12:30pm


Gardening 2:30pm-4pm

4 Wellness Calls 9-5PM

TECHNOLOGY CLASS




Bingo 2pm-3:30pm




7 Wellness Calls 9-5PM


TECHNOLOGY CLASS



Health screenings 9:30am – 12:30pm




8 Wellness Calls 9-5PM




9 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Health screenings 9:30am – 12:30pm



10 Wellness Calls 9-5PM


Health screening 9:30am -12:30pm

Arts/Crafts 11:15am-12:30pm

Gardening 2:30-4pm

11 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Bingo 2pm-3:30pm

14 Wellness Calls 9-5PM

TECHNOLOGY CLASS

Health screenings 9:30a – 22:30p



Heart Presentation (English) 1:30P- 2:30P


15 Wellness Calls 9-5PM

Wellness Check




16 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Health screenings 9:30am – 12:30pm



17 Wellness Calls 9-5PM


Health screening 9:30am -12:30pm

Arts/Crafts 11:15am-12:30pm

Gardening 2:30-4pm

18 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Bingo 2pm-3:30pm

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In Observance Of



PRESIDENTS DAY

our offices will be closed

22 Wellness Calls 9-5PM



23 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Health screenings 9:30am 12:30pm



Heart Presentation (Russian) 1:30P- 2:30P

24 Wellness Calls 9-5PM


Health screening 9:30am -12:30pm

Arts/Crafts 11:15am-12:30pm

Gardening 2:30-4pm

25 Wellness Calls 9-5PM


TECHNOLOGY CLASS



Bingo 2pm-3:30pm


28 Wellness Calls 9-5PM

TECHNOLOGY CLASS



Health Screenings 9:30a – 12:30p

Concerts in Motion Via Zoom at 1pm



Concerts in Motion



Join Zoom Meeting ID: 527 067 8391

Call in number: +1 646 558 8656 US (New York)

If you call in by telephone, you will be prompted to enter the meeting ID: 527-067- 8391, followed by #. When asked for a participant ID, skip this by pressing # again

The schedule presented in this calendar sometimes changes due to factors beyond our control. It is always best to call us at 718-348-7620 to confirm date and time of activities.

