



The schedule presented in this calendar sometimes changes due to factors beyond our control.

It is always best to call us at **718-348-7620** to confirm date and time of activities.*

Please Read our newsletter, located on the back of this calendar, to get more details for upcoming events

October 2022

CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Technology Class  Walk –A-Thon 10am-11am</p>	<p>4 Movements Classes 10am-11am Jewelry Classes 11:30am-12:30pm</p>	<p>5 Zumba Class 10am-11am Technology Class</p>	<p>6 Arts & Crafts 10am-11:30am Games /Puzzles/Sudoku 2pm-3:30pm</p>	<p>7 Movie Day 11AM-1PM TECHNOLOGY CLASS Bingo 2pm-3:30pm</p>
<p>10 Columbus Day </p>	<p>11 Movements Classes 10am-11am Jewelry Classes 11:30am-12:30pm</p>	<p>12 Zumba Class 10am-11am Technology Class</p>	<p>13 Arts & Crafts 10am-11:30am Games /Puzzles/Sudoku 2pm-3:30pm</p>	<p>14 Movie Day 11AM-1PM TECHNOLOGY CLASS Bingo 2pm-3:30pm</p>
<p>17 Technology Class  Walk –A-Thon 10am-11am</p>	<p>18 Movements Classes 10am-11am Jewelry classes 11:30am-12:30pm</p>	<p>19 Zumba Class 10am-11am Technology Class</p>	<p>20 Arts & Crafts 10am-11:30am Games/Puzzles/Sudoku 2pm-3:30pm</p>	<p>21 Movie Day 11AM-1PM TECHNOLOGY CLASS Bingo 2pm-3:30pm</p>
<p>24 Technology Class  Walk –A-Thon 10am-11am</p>	<p>25 Movements Classes 10am-11am Jewelry classes 11:30am-12:30pm</p>	<p>26 Zumba Class 10am-11am Swift Homecare Workshop 1pm-2pm Technology Class</p>	<p>27 Arts & Crafts 10am-11:30am Games /Puzzles/Sudoku 2pm-3:30pm</p>	<p>28 Movie Day 11AM-1PM TECHNOLOGY CLASS Bingo 2pm-3:30pm</p>
<p>31 Technology Class  Walk –A-Thon 10am-11am</p>	<p>Happy Halloween! </p>	<p>OCTOBER IS  Breast cancer awareness month Perform self-breast exams monthly and get screened!</p>	<p>Hispanic Heritage Month September 15-October 15 </p>	<p>COLUMBUS DAY </p>